

**1. What do we mean by the Blessed Trinity?**

By the Blessed Trinity, we mean one God in three Divine Persons - God the Father, God the Son, and God the Holy Spirit.

**2. What is a Sacrament?**

A Sacrament is an encounter with Christ through an outward sign which increases God's life in us (**GRACE**).

**3. The Sacraments of Initiation are - Baptism Holy Eucharist Confirmation**

**4. What is Baptism?**

Baptism is the sacrament in which Jesus frees us from sin and gives us grace (new life) by which we become God's children and members of the Church.

**5. What is the Sacrament of the Holy Eucharist?**

The Holy Eucharist is the Sacrament in which Christ is made present and received under the appearances of bread and wine.

Holy Eucharist is also known as Holy Communion or the Blessed Sacrament.

**6. What is Confirmation?**

Confirmation is the Sacrament in which a baptized person, in the state of grace, receives the seal of the Holy Spirit, special graces, and strength to lead a mature Christian life.

**7. How is Confirmation given?**

The Bishop extends his hands over those who are to receive the Sacrament and prays that they may receive the Holy Spirit.

He then anoints the forehead of each one with Holy Chrism in the form of a cross saying, "Be sealed with the Gift of the Holy Spirit".

**8. What are the gifts of the Holy Spirit?**

The gifts of the Holy Spirit are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord.

**9. What is Pentecost?**

Fifty days after Easter, the Holy Spirit came down upon the Apostles in the form of tongues of fire. This day is known as Pentecost, the birthday of the Church.

**The Sacraments of Healing are – Reconciliation and Anointing of the Sick**

**10. What is the Sacrament of Reconciliation?**

The Sacrament of Reconciliation is the Sacrament by which sins committed after Baptism are forgiven. There is no sin too great to be forgiven.

**11. What must we do to receive the Sacrament of Reconciliation worthily?**

1. examine our conscience
2. be sorry for our sins
3. firmly resolve to try not to commit those sins again
4. confess our sins to a priest
5. do the penance which the priest gives us

**12. What is Anointing of the Sick?**

Anointing of the Sick is the Sacrament which gives health and strength to the soul and sometimes to the body when we are sick or in danger of dying.

**The Sacraments of Service are - Matrimony and Holy Orders**

### **13. What is Matrimony?**

Matrimony or marriage is the Sacrament by which a baptized man and a baptized woman bind themselves for life in a lawful marriage and receive the grace to serve each other and their family.

### **14. What is Holy Orders?**

Holy Orders is the Sacrament that makes a man an ordained bishop, priest, or deacon. He can then act for Christ in service to God's people.

### **15. What are the Commandments of God?**

The Commandments of God are these ten:

1. I am the Lord your God; you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife or husband.
10. You shall not covet your neighbor's goods.

### **16. What are "The Two Great Commandments"?**

The Two Great Commandments are:

1. You shall love the Lord your God with your whole heart, and with your whole soul, and with your whole mind. This is the greatest and first commandment.
2. The second is like the first: you shall love your neighbor as yourself.

### **17. THE BEATITUDES**

Blessed are the poor in spirit (those who know they need God); theirs is the kingdom of heaven.

Blessed are the gentle: for they shall own the earth.

Blessed are those who mourn: they shall be comforted.

Blessed are those who hunger and thirst for what is right: they shall be satisfied

Blessed are the merciful: they shall have mercy shown them.

Blessed are the pure in heart: they shall see God.

Blessed are the peacemakers: they shall be called children of God.

Blessed are those who are made to suffer for doing what is right: theirs is the kingdom of heaven.

### **18. What are the Laws of the Church?**

The Laws of the Church are these seven:

1. To assist at Mass on all Sundays and holy days of obligation.
2. To fast and abstain on the days appointed.
3. To confess our serious sins at least once a year.
4. To receive Holy Communion during Easter time.
5. To contribute to the support of the Church.
6. To observe the laws of the Church concerning marriage.
7. To join the missionary spirit and work of the Church.

### **19. What are the Holy Days of Obligation in the United States?**

1. Solemnity of Mary, Mother of God: January 1
2. Ascension: Forty Days after Easter

3. Assumption: August 15
4. All Saints Day: November 1
5. Immaculate Conception: December 8
6. Christmas: December 25

**20. What are the Corporal Works of Mercy?**

The Corporal Works of Mercy are:

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Visit the sick and imprisoned
5. Shelter the homeless
6. Bury the dead

**21. What are the Spiritual Works of Mercy?**

The Spiritual Works of Mercy are:

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|--------------------------|-------------------------------------|
| 1. Warn the sinner       | 4. Comfort the sorrowing            |
| 2. Instruct the ignorant | 5. Bear wrongs patiently            |
| 3. Counsel the doubtful  | 6. Pray for the living and the dead |
|                          | 7. Forgive all injuries             |

**22. What is sin?**

Sin is an act, desire, thought, word or omission that offends our LOVING GOD.

**23. What is Mortal Sin?**

Mortal Sin is a serious sin which completely cuts off our relationship with God.

**24. What is necessary to make a sin mortal?**

1. serious matter
2. knowledge
3. full consent of the will

**25. What is Venial Sin?**

Venial sin is a sin which does not completely cut off our relationship with God, but weakens that relationship.